

Date 04/11/2021 Name \_\_\_\_\_

Address \_\_\_\_\_

If you are a visitor to our service this morning, please provide your name and address so we can acknowledge your visit by sending you a welcome note.

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Visitation prayer at your specific location (in your home, at the hospital, or nursing facility, etc.) is available on request. All prayer requests are considered confidential, shared only between the prayer team members, unless requested otherwise.

Contact an MCC member, Prayer Team Coordinator, Rick Louché, Jr., or Pastor Curt Deming.

And what does the Lord require of you?  
To act justly and to love mercy and to walk humbly with your God.

Micah 6:8

“Teacher, which is the great commandment in the Law?”  
“And He said to him, ‘You shall love the Lord your God with all your heart,  
And with all your soul, and with all your mind.’  
This is the great and foremost commandment.

The second is like it,  
‘You shall love your neighbor as yourself.’

On these commandments depend  
The whole Law and the Prophets.”

THE GREAT COMMANDMENT  
Matthew 22:36-40

And Jesus came up and spoke to them, saying,  
“All authority has been given to Me in heaven and on earth.  
Go, therefore and make disciples of all the nations, baptizing them  
In the name of the Father and the Son, and the Holy Spirit,  
Teaching them to observe all that I commanded you;

And lo, I am with you always, even to  
The end of the age.”

THE GREAT COMMISSION  
MATTHEW 28:18-20



Connect with us on Facebook:

[www.facebook.com/reflectingchrist](http://www.facebook.com/reflectingchrist)

“Like” us on the MCC page to keep up-to-date with MCC notices and events posted during the week. You can view video of, or listen to, the Sunday sermons and view the related visuals: [www.reflecting Christ.org](http://www.reflecting Christ.org).

TEACHING PASTOR

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DON'T WORRY

A Joyful 'toon by Mike Waters



Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Who of you by worrying can add a single hour to his life?  
— MATTHEW 6:26,27 NV

Image credit: <https://www.thebackpew.com/>

April 11, 2021

# MELBOURNE COMMUNITY CHURCH

REFLECTING CHRIST'S LOVE

Sunday Service beginning at **9:00 AM**

3030 West New Haven Avenue

Metro West Center

West Melbourne, Florida 32904-3566

(321) 802-9070

[www.melbournecommunitychurch.org](http://www.melbournecommunitychurch.org)

[www.facebook.com/reflectingchrist](https://www.facebook.com/reflectingchrist)

# Melbourne Community Church (MCC)

## Sunday Service — April 11, 2021

### ORDER OF SUNDAY SERVICE

Special video opens the service

Old Testament Reading, [Psalm 94:12-19](#)

Worship

Offering

Announcements of upcoming events

Pastoral prayer for the children before Sunday School classes.

The Nursery is available for infants at any time.

New Testament Reading, [Matthew 6:25-34](#)

“What, Me Worry?  
How to Battle Anxiety”,  
by Curt Deming, Teaching Pastor

The Lord’s Supper is offered, along with prayer ministry  
while worship continues.

Benediction & Closing Prayer

### EVENTS THIS WEEK

**04/11: Sunday Morning:**

**Children’s Church:**

Toddlers (potty trained) — 1<sup>st</sup> grade following appropriate COVID-19 precautions.

2<sup>nd</sup>—6<sup>th</sup> grade class both following appropriate COVID-19 precautions.

**04/14: Wednesday Evening:**

*Youth Group*, for grades 7—12, meeting Wednesdays from **6:00 PM-7:30 PM** at the church with dinner. Enjoy friendship, fun and biblical teaching led by Davis and Denice Hemenway.

*Adult Bible Study*, For the next 6 weeks, we will be studying Genesis chapter 1 as part of the “*Doctrine of Creation*”, **6:30 PM-7:30 PM** led by Rick [rsclrus@yahoo.com](mailto:rsclrus@yahoo.com); and/or Susan Krebs [skrebs@ccamelb.com](mailto:skrebs@ccamelb.com) online [Zoom meeting](#).

*Bible Art Journaling Group*, working/praying from home on their own. If you would like to join in with the group, text Barbara Murgatroyd, 321-355-9705 or email, [barbaraimurgatroyd@gmail.com](mailto:barbaraimurgatroyd@gmail.com) to receive handouts for the week.

### UPCOMING EVENTS

**04/18: Sunday Morning: Sunday Service at 9:00 AM.**

Next Sunday we will begin a new sermon series on the Old Testament book of [Jeremiah](#).



Date 04/11/2021 I have a  Question  Prayer Request  Need

**Prayer Requests or Questions for the Pastoral Team?**

If you have questions or a prayer request, write in the space below and place in the offering basket or give to any MCC member.

(Optional) Name \_\_\_\_\_

Phone \_\_\_\_\_

eMail \_\_\_\_\_

# Melbourne Community Church (MCC)

Sunday Service — April 11, 2021

**Sermon Notes:** “What, Me Worry? How to Battle Anxiety” by Curt Deming, Teaching Pastor  
Old Testament Reading: [Psalm 94:12-19](#); New Testament Reading: [Matthew 6:25-34](#).

What are four truths about anxiety?

- 1)
- 2)
- 3)
- 4)

What is the recurrence and duration of episodes of worry in your life?

- Persistent
- Excessive
- Intense
- Routine

The difference between feeling anxiety vs. anxiety:

- Scary:
- Significant:
- Foolish:
- Sinful: ([Psalm 32](#))

Which of these is the causes of anxiety in your life?

- Past events
- Present circumstances
- Personality/temperament
- Relationship with people
- Private practices
- Physiology/broken bodily function

# Melbourne Community Church (MCC)

Sunday Service — April 11, 2021

How severe are your symptoms of anxiety?

Do you need help?

Which healthy choices can you adopt to help win the battle over anxiety?

(a) *Healthy food and exercise*; (b) *Selective Information channels*; (c) *Outdoors activity*

Our culture *lies* and we need our minds renewed. Some fallacies for our culture:

(a) *Your feeling == truth*; (b) *Your anxiety caused by someone/something else*; (c) *Pursue happiness through self-acceptance/or escape*.

Scripture gives us a means of attack against anxiety. ([Philippians 4:6-9](#); [II Corinthians 10:5](#); [Matthew 6:31-34](#))

## **Winning the battle:**

- Use your weapons—*prayer and thanksgiving*.
- Focus on the truth of *God's word*.
- Avoid the traps—*treasure/tomorrow*
- Establish priorities. “*Seek first His kingdom and His righteousness ...*”

## **Additional Notes:**